



**"STRIVE">>> Defined: Scan Traffic Areas Ahead, In Back using mirrors, and to Both Sides Continuously, Recognize Potential Hazards and Distractions Inside and Outside Your Vehicle, Imagine Worst Outcome, Visualize Best Possible Defense to Prevent or Diminish that outcome, and Execute. Instructors: Initial or Score each skill 1-5 and write grade, and any notes on first page.**

### **Driving Hour 1; Know Your Car and (ETOC) Emergency Take Over Commands**

\_\_\_ Approach to Vehicle \_\_\_ Seat Set \_\_\_ Blind Spots \_\_\_ Wiper Blades \_\_\_ HOH \_\_\_ Gears \_\_\_ Defrost? \_\_\_ "Hands" \_\_\_ ETOC "Off Brake"  
\_\_\_ Mirrors Set \_\_\_ Ignition \_\_\_ All Signals \_\_\_ Gauges \_\_\_ Brake/Accelerator \_\_\_ Foot Positions \_\_\_ ETOC "Off Accelerator"  
\_\_\_ Parking Brake \_\_\_ Seat Belts \_\_\_ Driver's Posture \_\_\_ All Lights \_\_\_ Steering Adjust \_\_\_ Horn/Air Bags \_\_\_ ETOC "Off Wheel"

### **Driving Hour 1; Beginning Behind-the-Wheel Maneuvers and Drills In Parking Lot and Begin Residential**

\_\_\_ "STRIVE" \_\_\_ Blind Spots \_\_\_ 2pt turns (FWD/Back) \_\_\_ Reverse/Straight Line \_\_\_ 4-Way Stops \_\_\_ Lane Changes \_\_\_ RT Turn/Stopped  
\_\_\_ Mirrors 3-5 Secs \_\_\_ 3-5 Sec. Rule \_\_\_ 4 U-Turns "Hands" \_\_\_ 4 LFT Turns/Divided Road \_\_\_ Decisions/Safe to Go \_\_\_ 3 Quick Stops  
\_\_\_ Accelerating \_\_\_ Turning Speeds \_\_\_ 5 LFT Turns/Stopped \_\_\_ 5 RT Turns Stopped \_\_\_ 5 LFT Turns Moving \_\_\_ Scanning Before Turns  
\_\_\_ Braking \_\_\_ Cover Brake \_\_\_ HOH \_\_\_ Lane Position \_\_\_ RT to RT/LFT to LFT \_\_\_ Two Uses for Horn \_\_\_ 2 Lanes Clear Before RT Turns  
\_\_\_ Use Signals \_\_\_ Scanning Cross Streets \_\_\_ Who You Trust \_\_\_ Parked Cars/Spacing \_\_\_ 5 Distractions That Kill \_\_\_ Confidence

### **Driving Hour 2; Residential Continued and Begin Low Risk City Driving**

\_\_\_ "STRIVE" \_\_\_ 4 Planned Lane Changes \_\_\_ Blind Spots \_\_\_ 4 Enter/Exit Parking Lots \_\_\_ 4 U-Turns - "Hands" \_\_\_ Scan Before Accelerate  
\_\_\_ Mirrors 3-5 Sec \_\_\_ 3-5 Sec. Rule \_\_\_ RT to RT/LFT to LFT \_\_\_ Observe After Turns \_\_\_ Scan at Turns \_\_\_ Decisions/Safe to Go  
\_\_\_ Accelerating \_\_\_ Scan Before Accelerate \_\_\_ 4 LFT & RT Turns/Stopped-Residential/City \_\_\_ 4 LFT & RT Turns Moving-Residential/City  
\_\_\_ Braking \_\_\_ Observe/Press Brake \_\_\_ Signaling \_\_\_ Speed Up After Turns \_\_\_ 3 Quick Stops \_\_\_ De-accelerate/Curves  
\_\_\_ Yielding \_\_\_ De-accelerate/Stop \_\_\_ 5 Distractions That Kill \_\_\_ 2 Perpendicular \_\_\_ Stop Sign/X-Walk/Solid White Line \_\_\_ Confidence

### **Driving Hour 3; Residential and Medium Risk City Driving, Introduce Commentary Driving**

\_\_\_ "STRIVE" \_\_\_ 4 Planned Lane Changes \_\_\_ Blind Spots \_\_\_ 3 Enter/Exit Parking Lot \_\_\_ 4 LFT & RT Turns/Stopped-Residential/City  
\_\_\_ Mirrors 3-5 Sec \_\_\_ 3-5 Sec. Rule \_\_\_ 3 U-Turns-"Hands" \_\_\_ Signaling \_\_\_ Lane Position \_\_\_ 4 LFT & RT Turns/Moving-Residential/City  
\_\_\_ Accelerating \_\_\_ Scan Before Accelerate \_\_\_ Speed Up After Turns \_\_\_ Scan at Turns \_\_\_ 10 minutes Fast Lane/Curb  
\_\_\_ Braking \_\_\_ Observe/Press Brake \_\_\_ Decisions/Safe to Go \_\_\_ 2 Perpendicular \_\_\_ De-accelerate at Curve \_\_\_ RT to RT/LFT to LFT  
\_\_\_ Scan Before Accelerate \_\_\_ Observe After Turns \_\_\_ De-accelerate Before Stops \_\_\_ 5 Distractions That Kill \_\_\_ Yielding \_\_\_ Confidence

### **Driving Hour 4; Warm-Up Residential, Begin Commentary Driving, Medium Risk City Driving**

\_\_\_ "STRIVE" \_\_\_ Observe Before Accelerate \_\_\_ Blind Spots \_\_\_ 4 Planned Lane Changes \_\_\_ 2 Enter/Exit Parking Lot \_\_\_ 2 U-Turns - "Hands"  
\_\_\_ DPS Road Test Practice/3 Parallel \_\_\_ Mirrors 3-5 Sec \_\_\_ 4 LFT & RT Turns/Stopped-Residential/City \_\_\_ Decisions/Safe to Go  
\_\_\_ Accelerating \_\_\_ 3-5 Sec. Rule \_\_\_ 4 LFT & RT Turns/Moving-Residential/City \_\_\_ Yielding \_\_\_ Scan At Turns \_\_\_ 2 DBL Turn Lanes  
\_\_\_ Braking \_\_\_ Observe/Press Brake \_\_\_ 10 Minutes Fast Lane/Curb \_\_\_ 2 Perpendicular & 2 Angle \_\_\_ 1 CNTR LFT Turn Lanes  
\_\_\_ De-accelerate Before Stops \_\_\_ 5 Distractions That Kill \_\_\_ Speed Up After Turns \_\_\_ Stop Sign/X-Walk/Solid White Line \_\_\_ Confidence

### **Driving Hour 5; Rural Roads, Commentary Driving, Medium Risk City Driving**

\_\_\_ "STRIVE" \_\_\_ Accelerate After Turns \_\_\_ 4 Planned Lane Changes \_\_\_ Blind Spots \_\_\_ 2 Enter/Exit Parking Lots \_\_\_ 5 U-Turns-"Hands"  
\_\_\_ DPS Road Test Practice/3 Parallel \_\_\_ Mirrors 3-5 Sec \_\_\_ 4 LFT & RT Turns/Stopped-Residential/City \_\_\_ Decisions/Safe to Go  
\_\_\_ Accelerating \_\_\_ 3-5 Sec. Rule \_\_\_ 6 LFT & RT Turns/Moving-Residential/City \_\_\_ Scanning at Turns \_\_\_ 2 DBL Turn Lanes  
\_\_\_ Braking \_\_\_ Observe/Press Brake \_\_\_ 10 Minutes Fast Lane/Curb \_\_\_ 2 Perpendicular & 2 Angle \_\_\_ RT to RT/LFT to LFT  
\_\_\_ De-accelerate Before Stops \_\_\_ Scan Before Accelerate \_\_\_ 5 Distractions That Kill \_\_\_ Commentary Skills \_\_\_ Confidence

### **Driving Hour 6; Introduce To Freeway Driving, Commentary Driving, More Complex City Driving**

\_\_\_ "STRIVE" \_\_\_ 3-5 Second Rule \_\_\_ Scan Cross Streets \_\_\_ Use of De-Acceleration \_\_\_ 2 Quick Stops \_\_\_ Scan Before Accelerating  
\_\_\_ Yielding/Access Roads \_\_\_ Control Speed \_\_\_ Control Stops \_\_\_ Blind Spot Checks \_\_\_ Decision Making \_\_\_ Observing \_\_\_ Signs/Signals  
\_\_\_ 6 Freeway Enter/Merge/Exit/Speed \_\_\_ Control Turns \_\_\_ 4 Planned Lane Changes \_\_\_ 5 Distractions that Kill \_\_\_ 2 Perpendicular  
\_\_\_ DPS Road Test Practice/3 Parallel \_\_\_ De-Accelerate Before Stops \_\_\_ Scan Before Accelerate \_\_\_ Commentary Skills \_\_\_ Confidence

### **Driving Hour 7; Residential, City, and Freeway Driving, Commentary Driving, Medium Risk**

\_\_\_ "STRIVE" \_\_\_ 3-5 Second Rule \_\_\_ Turning Control \_\_\_ Speed Control \_\_\_ Brake Control \_\_\_ 4 LFT & RT Turns/Moving-Residential/City  
\_\_\_ DPS Road Test/3 Parallel \_\_\_ 4 Enter/Exit Freeway \_\_\_ 4 Lane Changes-City/Freeway \_\_\_ 4 LFT & RT Turns/Stopped-Residential/City  
\_\_\_ Observing Before & After Turns \_\_\_ Scanning Before Accelerating \_\_\_ 2 Perpendicular/Angle \_\_\_ 5 Distractions That Kill \_\_\_ Confidence